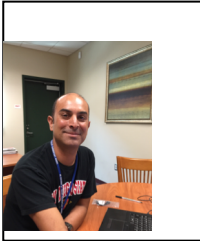


TIGER TALK

The Voice of Valley Elementary PTA

April Issue V (2017)



The Principal's Desk

Ricardo Ceceña

Preparing For The CAASPP

Ricardo Ceceña
Principal

When we return from our Intersession & Spring Break all of our third through fifth grade students will be participating in the California Assessment of Student Performance and Progress, or CAASPP, statewide testing program. The assessment window will begin on Monday, April 27th. These tests will provide important information for our teachers, students and parents about our schools and individual student's progress and their readiness for college and career.

The CAASPP system assesses English Language Arts and Mathematics for grades 3-5 through the Smarter Balanced state assessment. Smarter Balanced state assessments are based on the California Content Standards, for Mathematics and English Language Arts. In addition students in grades 5 will also take the California Science Test, CAST. Parents can use these results as one of many indications of their child's performance. The Valley staff also use these results to compare our schools' performance towards achieving our state standards. After this testing cycle, we will have three years of results which will assist us in measuring the growth of our students toward the goal of career and college readiness for all students.

Valley families can help their Tigers prepare for these test by:

- Knowing their child's testing dates, (classroom teachers will be notifying parents of these dates.)
- Ensuring their child gets a good night's rest
- Eats a nutritious breakfast
- Ensures that their child arrives to school on time.
- Schedules any family appointments outside the regular school hours.

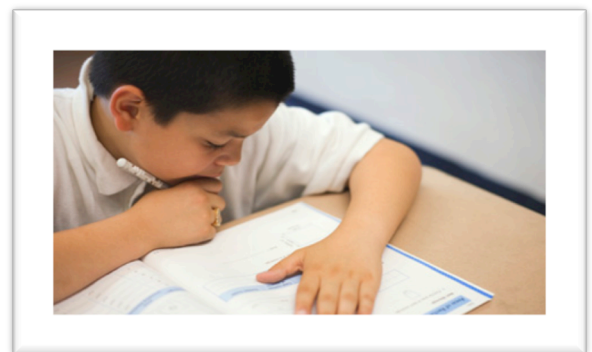
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The California Department of Education (CDE) had developed several resources to help students and parents understand the expectations and format of the Smarter Balanced test.

The *Parent Guides to the Smarter Balanced Assessments* (in English and Spanish) are posted at <http://www.cde.ca.gov/ta/tg/ca/caasppssreports.asp>. Practice and training tests, are found at <http://www.cde.ca.gov/ta/tg/sa/practicetest.asp>.

These resources help parents and students experience the type of test items that students will encounter on the Smarter Balanced Summative Assessments.





PTA President's Message

Denise Anger

Much has happened since I last gave an update in January. February started on a high note for the PTA and Valley community with an amazing night of celebrating music, art, and our talented Valley students with **Art in the Valley**. This is easily one of the favorite events that Valley PTA organizes. We had nearly 300 parents, students, teachers, and even the Mayor of Poway, Steve Vaus, was in attendance!

The **Silent Auction** had 120+ great items to bid on (thank you to Shawna Hamon, Liz Collins-Smith and their amazing committee). We raised over \$6,000 that will go back into programs, fieldtrips and memories for our children. The MPR became a beautiful art show with 800+ pieces of student art (thank you to Maria Cuevas, Adriana Gonzalez, Selena Pankretz, and many more for putting together a gorgeous display). The cafeteria was transformed into an elegant café with paper lanterns and some amazing high school student musicians. The refreshments were delicious and plentiful (thank you to Sara Langer and her committee for the décor and refreshments). The musicians all around campus really added to the ambiance of the evening (thanks to Lili Husseman for coordinating). I heard many people commenting on what a wonderful evening they were having and I couldn't agree more.

March was a great month at Valley! Our wonderful teachers coordinated a stellar event, **Family Math Night**, on March 2nd. The kids were able to team up by grade-level and work on fun math games and puzzles which were also provided for every student to take home. We even had 5th-grade "teachers" leading sessions in various classrooms. It was a winner all around! On March 16th the children enjoyed a fun and educational assembly sponsored by the PTA, **Rockets and Robots**. The kids really enjoyed learning about the space shuttle and Neil Armstrong.

The Valley PTA hosted our annual **Jog-a-thon** on March 29th. We had over 800 Valley students participate (as well as a number of teachers and parents)! It is a

raised a whopping \$18,300 to help pay for the events and programs the PTA sponsors. Thank you to Mark Backes from Ultra Fun Run and to my co-chair, Adriana Gonzalez, for helping to put on an amazing event for our kids! Thank you also to the 20 parent volunteers who helped at the water station, prize table, Otter Pop station, and in the classrooms getting the kids ready. You make Valley a great place to be!

The Valley PTA has more fun planned for April! Valley's **Día del Niño** celebration will be held on Saturday, April 29th from 3:00 to 6:00 p.m. We will have games, folkloric dancing, Mariachis, and yummy food and desserts. This is one of Valley's largest events and we are still in need of volunteers. Please email valleypta@yahoo.com to volunteer an hour of your time on Saturday, April 29th.

Our Valley **PTA Spring General Association Meeting** will be held on Wednesday, April 26th at 9:15am in the MPR. We will be electing our board for next year and have many interested candidates to fill our various positions. If you are interested in serving in any of these roles, please email valleypta@yahoo.com. Nominations will also be taken from the floor. We hope to see you there! First thing in May we will have our **Spring Scholastic BOGO Book Fair** during the week of May 1st. Be sure to stop by for some great deals on books.

Events like Art in the Valley, the Jog-a-thon, Día del Niño, and the Book Fair really resonate with our PTA mission of providing the cherished memories of Elementary school that we all want for our children. I appreciate all the hard work that goes into making these events something for our children to remember. As always, these enriching events won't happen without dedicated volunteers like you. Please watch for upcoming Paw Prints to learn when each committee is forming and choose one to be involved with or email valleypta@yahoo.com to participate.

Working together we can accomplish great things for our children!!

Art in the Valley & Jog-A-Thon Fun at Valley!



A Message from the School Counselor

Veronica Tapia

At the end of April Valley students will have received the lessons from the Second Step Program in learning Empathy skills, Managing Strong Emotions, and Problem Solving. In addition, these lessons from the Second Step Program have included updated lessons in Harassment Prevention. Below is a summary of the different lessons for each grade and we will continue the implementation of the lessons as your student progresses in grade.

The new definition we are using is: Harassment is when someone is still wrong with someone on purpose. The Person you are going through has not been able to make the person stop. It is unfair and one-sided.

The 3 Rs of Harassment - Recognize, Report, and Refuse. The students:

1. Understand that harassment is different than conflict.

- Harassment is usually repeated for a period of time
- Occurs when there is an imbalance in power
- It is intended to hurt, cause stress and / or have a harmful or stressful effect with the objective

2. Recognize and identify the different types of harassment behavior (eg face-to-face, back-up, cyber bullying).

3. They will understand that they can reject harassment in different ways.

4. Assertively demonstrate how to report and refuse harassment.

The power of the spectator.

A spectator is the person who observes or knows that someone is being harassed. There are many things the viewer can do to help stop harassment and be a supportive participant:

- By supporting the person who is being harassed
- By helping or reporting harassment
- Being respectful to all students
- Being a "partner" of the person who is being harassed (inviting the person to eat lunch with you, playing with you at recess, inviting the student to spend the recess with you, etc.)

There are many ways in which viewers can act that do not help or even be part of the bullying problem:

- By joining harassment or bullying
- Watching and laughing at people being harassed / intimidated
- By remaining silent and not reporting harassment or intimidation

Cyber Bullying / Intimidation

Harassment / cyber bullying harassment with technology. In some cases, cyber bullying is more harmful than other types of bullying because harmful material can spread more quickly with more people.

It is important to know that nothing that is done in electronic devices is private and information can be traced.

As with other types of harassment / intimidation, viewers have the power to help stop cyber bullying. Viewers can:

- **REPORT** cyber bullying to an adult.
- Take photos of the electronic image and show it to an adult.
- Ask the adult to see the social network or internet site and see if it has a place where a report of cyber bullying can be made, and so has to report it to the administrator of the internet portal.
- Assist in **REJECTING** cyber bullying by telling the person making it to stop.
- **REUSE** to share that information, comments, images or the link to the harassment.
- **SUPPORT** the person who has been harassed by writing something affectionate about him or her.

School is a community in which we all have the responsibility to be respectful and to make everyone feel safe



Valley Elementary Educational Foundation

The Valley Elementary Educational Foundation is a nonprofit organization made up of parent volunteers who bring other parents and community members together to raise money to enrich the educational experience so that every child at Valley Elementary School can succeed.

What is the Foundation?

The Valley Elementary Educational Foundation was established in 2006 by three Valley parents who had a vision. Its mission is simple: to raise money to help bridge the gap between what shrinking district budgets can provide and what students need in order to have the best, most well-rounded education possible.

**Prices Go Up Next Month — Register Today for the Trail Run!**

The 11th Annual Cinco de Mayo Trail Run is scheduled for May 6, 2017, at Lake Poway. Pricing is based on each participant's age, regardless of which race he or she chooses to run. Registration for runners 10 and under is \$10; ages 11-17 is \$25; ages 18 and older is \$40. Fees will go up on April 9 so register today for the best deal. We offer a special 50 percent heroes discount for 5K adult entrants who are active-duty firefighters, law enforcement or military. To become a sponsor or a benefactor, email our sponsorship chair An Medina at amedina@ValleyEEF.org.

Calling for Team Captains From Each Classroom!

Each Valley teacher is having a classroom completion and we need a team captain from each classroom. The teacher with the biggest team will win a pizza party for his or her classroom! Join your teacher's team today! Ask your parents, siblings, classmates and friends to join too!

Register for the race at CincodeMayoTrailRun.org. Click on Registration. Team names are listed under Valley Elementary Tigers — and then alphabetically under each teacher's first and last name. Select your teacher's name from the drop-down menu.

Each family's name will be posted on the banner outside the front office and each student's name will be posted on his or her classroom's window. Thank you to the teachers who provide homework passes and other fun incentives to their students who register! We encourage all teachers to find creative ways to inspire their students to be fit, to have fun and to get involved in this event, which raises thousands of dollars for Valley! For information please email team coordinator Hilda Soto at hstoto@ValleyEEF.org.

**Virtual Runners**

The Foundation is offering the opportunity for people to register as “virtual” runners in the Cinco de Mayo Trail Run. This is perfect for grandparents or out-of-town friends and family, who want to support the event, even if they can’t be at Lake Poway on race day. It’s also perfect for people who want to participate in the day’s festivities — without having to break a sweat on the trail!

Virtual runners must register before April 8. The fee is \$40 and includes a race shirt. To register as a virtual runner, go to CincodeMayoTrailRun.org today and click on the registration button.

**Volunteers Needed**

Volunteers are needed to assist with every aspect of the event. Team up with your friends or family and make this an experience you won’t forget! Helping out is a great opportunity for local high school students to earn credit for community service. To volunteer, go to CincodeMayoTrailRun.org and click on Volunteer. For more information, email volunteer chair Jackie Silacci at jsilacci@ValleyEEF.org.

Financial Contributions

To make a tax-deductible donation to the Foundation, or to learn more about the Foundation’s initiatives and events, go to ValleyEEF.org.

~ ART IN THE VALLEY ~

THANK YOU TO THE 2017 SILENT AUCTION SPONSORS

| | |
|---------------------------------|---|
| Aileen Blomdal | Kim Niehans Art |
| American Girl | Koi Zen Cellars |
| Aquarium of the Pacific | La Jolla Playhouse |
| Audra Rosati (Thirty-one) | Mainstream Bar and Grill |
| Barona Casino | Maria Cuevas (SHOP.com) |
| Belmont Park | Maritime Museum of San Diego |
| Big 5 Sporting Goods | Medieval Times |
| BJ's Restaurant Brewhouse | Mesa Rim Climbing & Fitness Center |
| Body Beautiful Car Wash, Inc. | Mint Studio |
| Bongiorno's New York Pizzeria | Miramar Speed Circuit |
| Boomers, San Diego | Mission San Juan Capistrano |
| Cafe Merlot | Moonlight Stage Productions |
| California Wolf Center | Mostra Coffee |
| Caya Yoga | Museum of Photographic Arts |
| Charleston Wrap | Netze Aguilar |
| Chipotle Mexican Grill | NINE-TEN Restaurant and Bar/ Grande Colonial |
| Chris Capistran Training | Noonan Swim School |
| Chris Smeal | North County Gymnastics & Gymbunny Kids |
| City of Poway | North County Soccer Park |
| Coffee Bean & Tea Leaf | OrangeTheory Fitness |
| Cygnnet Theatre | Oriental Trading |
| DeLeon Dynamics | Outpost Summer Camp |
| Disneyland Resort | Pacific Southwest Railway Museum |
| Emerald Isle Golf Course | Peabody & Sassafras |
| Filippi's Pizza Grotto | Pediatric Dentistry & Orthodontic Specialists |
| Fleet Science Center | Phil's BBQ |
| Geppetto's | Picaboo |
| Grub Burger Bar | Poway Gymnastics |
| Hamburger Factory | Pump It Up |
| Herring Chiropractic Center | Pure Vitality Skin & Body |
| In-N-Out Burgers | Robin Dowd |
| Invasion Laser Tag, San Marcos | Rubio's |
| Isabel & Samuel Wagner | Sammy's Woodfired Pizza |
| Island's Restaurants | San Diego Air & Space Museum |
| Julian Mining Company | San Diego Botanic Garden |
| Kahoots Pet Store | San Diego Humane Society |
| San Diego Ice Arena | Swiftkick Martial Arts |
| San Diego Model Railroad Museum | The Baked Bear |

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|-------------------------------|-------------------------------------|
| San Diego Museum of Man | The Country Club of Rancho Bernardo |
| San Diego Soccers | The Habit Burger Grill |
| San Diego Zoo Global | The Kebab Shop |
| Sanrio | The Living Desert |
| Save Our Heritage Org. (SOHO) | The Old Globes |
| Six Flags Magic Mountain | The Original Pancake House |
| So Cal Dance | Tosso.com |
| Southern California Ballet | Ultrazone: Laser Tag San Diego |
| Sport Clips Haircuts, Poway | USS Midway Museum |
| Stanley Steemer | Walter Anderson Nursery |
| Sushi Lounge | Wine and Canvas |
| Susi Lizondo | Yanni's Bar & Grill |



Valley Elementary PTA Board 2016-17

| Elected Officers | First Name | Last Name |
|-------------------------|------------|---------------|
| Principal | Ricardo | Ceceña |
| President | Denise | Anger |
| Executive V.P. | OPEN | |
| 1st V.P. Ways and Means | Adriana | Gonzalez |
| 2nd V.P. Programs | Audra | Rosati |
| 3rd V.P. Membership | Lili | Husseman |
| 4th V.P. Art Program | Heather | Schmalbach |
| Recording Secretary | Erica | Fandino |
| Treasurer | Sandie | Sears |
| Financial Secretary | Kelly | Tognetti |
| Auditor | Kelly | Kersey |
| Historian | Serena | Arellano |
| Parliamentarian | Kim | Jones |
| Committee Chairs | | |
| Character Counts | Emilie | Koford |
| Corresponding Secretary | OPEN | |
| Hospitality | Sara | Langer |
| Newsletter | Kim | Niehans |
| Website Administrator | Shawna | Hamon |
| Room Parent Coordinator | Emilie | Koford |
| School Admin Assistant | Gretchen | Snyder |
| Teacher Liaison (ENG) | Gale | Caddell |
| Teacher Liaison (DL) | Maribel | Martinez |
| Translator | Elizabeth | Hulterstrom |
| Volunteer Coordinator | Shawna | Hamon |
| Workroom Wednesday | OPEN | |
| Spirit Wear Sales | Kim | Jones |
| After School Programs | Jennifer | Berk |
| VEEF Liaison | OPEN | |
| Assemblies | Liz | Collins-Smith |
| Facebook Administrator | OPEN | |



GET INVOLVED & JOIN VALLEY PTA

- Visit the Valley PTA website
<http://www.valleypta.com/>
- Contact Denise Anger if you are interested in any of the open PTA board positions.

