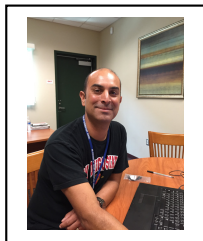
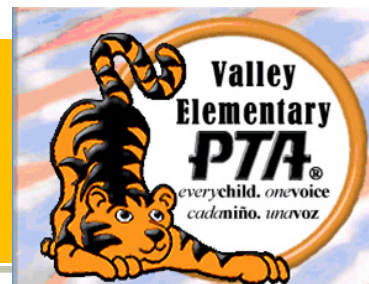


TIGER TALK

The Voice of Valley Elementary PTA

March Issue 7 (2015–2016)



The Principal's Desk

~ *Ricardo Ceceña*

The next few weeks Kinder through Second grade will be receiving classroom lessons on the *Second Step* program, a research based curriculum that focuses on skills for learning, empathy, emotion management, and problem solving. They've already completed the lessons on digital literacy (internet safety, digital responsibility and cyberbullying) and bullying prevention (rude vs. mean vs. bullying or recognize, report and refuse). Not only do the students see us (School Counselor and Student Services Assistants) in the classroom, but we're also out on the playground ensuring that students are putting into practice what they have learned.

Starting in March, I will be in the 5th grade classrooms providing College and Career lessons and then planning the fieldtrip to take the students to USD.

The first round of support groups are coming to an end and I will be adding students from the waiting list to create some new groups so please look out for a consent form if your child was referred.

Thank you for continuing to work with your children at home and reminding them to, Work hard! Take care of each other! And to take care of our school!

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Parent Education

Triple P – **Positive Parenting Program** will be back at Valley in April (4/19, 4/21, 4/26 from 6–8 PM). If you missed out in August, make sure to RSVP soon by calling the Caring Connections Center at 858–668–4084 or sign up with our Parent Liaison, Mrs. Laura Gonzalez Garcia, in the office.

Please take a look at the PUSD website for other upcoming Parent Education courses.

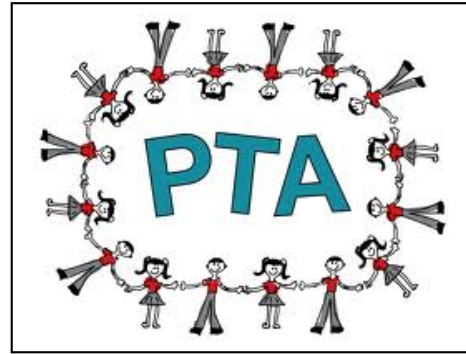
<http://www.powayusd.com/en-US/Departments/Student-Support-Services/Active-Parenting.aspx>





PTA President's Message

~ Denise Anger



February ended on a high note for the PTA and Valley community with an amazing night of celebrating music, art, and our talented Valley students with Art in the Valley. This is easily one of the favorite events that Valley PTA organizes. We had nearly 300 parents, students, and teachers in attendance.

The Silent Auction had 140+ great items to bid on (thank you to Co-Chairs Darcy Slansky and Shawna Hamon and their amazing committee). We raised over \$6,200 that will go back into programs, fieldtrips and memories for our children. The MPR became a beautiful art show with 800+ pieces of student art (thank you to Maria Cuevas, Adriana Gonzalez, and committee for putting together a gorgeous display). The cafeteria was transformed into an elegant café with paper lanterns and an amazing middle-school band for entertainment. The refreshments were delicious and plentiful (thank you to Sara Langer and her committee for the décor and refreshments). The musicians all around campus really added to the ambiance of the evening (thanks to Emilie Koford and Lili Husseman for coordinating). I heard many people commenting on what a wonderful evening they were having and many exclaimed, "It just keeps getting better every year!" I couldn't agree more.

Events like Art in the Valley really resonate with our PTA mission of providing the cherished memories of Elementary school that we all want for our children. I appreciate all the hard work that went into making this evening something for our children to remember. We have more fun to look forward to in the coming months. Valley's Jog-a-thon is March 30 quickly followed by Dia de los Niños on April 23. We will end April with a Scholastic BOGO Book fair beginning April 25 and our Valley School Spelling Bee on April 28. As always, these enriching events won't happen without dedicated volunteers like you. Please watch for upcoming Paw Prints to learn when each committee is forming and choose one to be involved with or email valleypta@yahoo.com to participate.

***Working together we can
accomplish great things for our
children!!***



President
~ *Krystn Monroe*

Valley Elementary Educational Foundation

The Valley Elementary Educational Foundation is a nonprofit organization made up of parent volunteers. We bring other parents and community members together to raise money to enrich the educational experience so that every child at Valley Elementary School can succeed.

What is the Foundation? The Valley Elementary Educational Foundation was established in 2006 by three Valley parents who had a vision. Its mission is simple: to raise money to help bridge the gap between what shrinking district budgets can provide and what students need in order to have the best, most well-rounded education possible.



Prices Go Up Next Month —Register Today for the Trail Run!

The 10th Annual Cinco de Mayo Trail Run is scheduled for May 7, 2016, at Lake Poway. Pricing is based on each participant's age, regardless of which race he or she chooses to run. Registration for runners 7 and under is \$10; ages 8–17 is \$25; ages 18 and older is \$40. Fees will go up on April 9 so register today for the best deal. We offer a special 50 percent heroes discount for 5K adult entrants who are active-duty firefighters, law enforcement or military. To become a sponsor or a benefactor, email our sponsorship chair Gabriela Dow at gdow@ValleyEEF.org.



Double the Dollars, Double the Difference

The Foundation is grateful for the financial donations made to the Trail Run by Valley parents, grandparents, family and friends.

If you become a corporate or family benefactor of the 10th Annual Trail Run, scheduled for May 7 at Lake Poway, your \$10 donation will turn into \$20. Your \$25 will turn into \$50 and your \$50 will turn into \$100! So make your tax-deductible gift today to make the most of the matching opportunity. Double the dollars and double the difference! Go to ValleyEEF.org and click on the DONATE NOW button.

Calling for Team Captains From Each Classroom!

Each Valley teacher is having a classroom completion and we need a team captain from each classroom. The teacher with the biggest team will win a pizza party for his or her classroom! Join your teacher's team today! Ask your parents, siblings, classmates and friends to join too!

Register for the race at CincodeMayoTrailRun.org. Click on Registration. Team names are listed under Valley Elementary Tigers — and then alphabetically under each teacher's first and last name. Select your teacher's name from the drop-down menu.

Each family's name will be posted on the banner outside the front office and each student's name will be posted on his or her classroom's window. Thank you to the teachers who provide homework passes and other fun incentives to their students who register! We encourage all teachers to find creative ways to inspire their students to be fit, to have fun and to get involved in this event, which raises thousands of dollars for Valley! For information please email team coordinator Hilda Soto at hstoto@ValleyEEF.org.



~ Calling all Tigers ~

Our Volunteers Make Valley a Great School

Original Works

The Art Show at our annual Art In The Valley event was a success! Your child's artwork went home on Monday. If you would like to order items from Original Works, please return your completed order to your teacher by **Friday, March 11th**. Remember to include your student's artwork and your payment made out to Valley Elementary PTA. If you have any questions, contact Maria Cuevas at mvcuevas@gmail.com.

See's Candy Easter Sale Please be on the lookout for the See's Candy Sale sheets in your students backpack. 4th graders are raising money for field trips and Mission Rancho Day. Orders are due **Friday, March 11th**.

Family Science Night at Valley on Thur. March 10 from 7:00 – 8:30 pm.

Volunteers from General Atomics will present demonstrations covering various states of matter, including the ever-popular liquid nitrogen and plasma displays. Don't miss this night of exciting and memorable scientific presentations! We are looking forward to seeing you all there!

After School Programs – 4th and Final Session

Look for flyers in your child's backpack soon for our final session of after school program offerings. [NEW THIS SESSION: Chess on Tuesdays AND Computer Programming on Fridays](#) Questions? Jennifer.berk@gmail.com

MONTHLY REMINDERS

- *Wednesdays– Workroom Support & Spirit Day (wear your Valley or College T-shirts)*
- *Fridays – Valley Pride Day & Tiger Trackers*
- *March 3rd– Parent Night focused on school technology*
- *March 5th– Chelsea's Run*
- *March 10th– Family Science Night*
- *March 11th– Original Works/See's Candy Orders Due*
- *March 24th– Family Math Night*

Support the Cinco De Mayo Trail Run



Virtual Runners The Foundation is offering the opportunity for people to register as “virtual” runners in the Cinco de Mayo Trail Run. This is perfect for grandparents or out-of-town friends and family, who want to support the event, even if they can't be at Lake Poway on race day. It's also perfect for people who want to participate in the day's festivities — without having to break a sweat on the trail!

Virtual runners must register before April 8. The fee is \$40 and includes a race shirt. To register as a virtual runner, go to CincodeMayoTrailRun.org today and click on the registration button.



Volunteers Needed

Volunteers are needed to assist with every aspect of the event. Team up with your friends or family and make this an experience you won't forget! Helping out is a great opportunity for local high school students to earn credit for community service. To volunteer, go to CincodeMayoTrailRun.org and click on Volunteer. For more information, email volunteer chair Jackie Silacci at jsilacci@ValleyEEF.org.

Financial Contributions

To make a tax-deductible donation to the Foundation, or to learn more about the Foundation's initiatives and events, go to <http://ValleyEEF.org>.

~ ART IN THE VALLEY ~
THANK YOU TO THE 2016 SILENT AUCTION SPONSORS

American Girl	North County Gymnastics & Gymninny Kids
Amtrak	O's American Kitchen
Aquarium of the Pacific	Olive Garden
Belmont Park	Oriental Trading
Benihana	Outpost Summer Camp
Bertrand's	Pacific Southwest Railway Museum
Body Beautiful Car Wash, Inc.	Panera Bread
Boomers, San Diego	Pediatric Dentistry & Orthodontic Specialists
Bruski	Phil's BBQ
California Wolf Center	Pinata Sessoms
Chipotle Mexican Grill	Poway Fun Bowl
Chuck E. Cheese	Poway Gymnastics
City of Poway	Poway Ice
Cold Stone Creamery	Poway Martial Arts
Crystal Gardens Florist	Poway Sushi Lounge
Cygnnet Theatre	Rancho Arbolitos Swim and Tennis Club
Discovery Cube	Redbox (Outerwall)
Disneyland Resort	Reuben H. Fleet Science Center
Dream Dinners	Rita's
El Pollo Loco	Rob Monroe
Filippi's Pizza Grotto	Robin Doud
Five Guys Operations, LLC	Rubio's
Get Air Poway Trampoline Park	San Diego Air & Space Museum
Hamburger Factory	San Diego Botanic Garden
Helen Woodward Animal Center	San Diego Children's Discovery Museum
Hornblower Cruises and Events	San Diego Ice Arena
In-N-Out Burgers	San Diego Model Railroad Museum
Isabel Wagner	San Diego Museum of Man
Island's Restaurants	San Diego Natural History Museum
Jeffrey Halbert	San Diego Padres Community Relations
Jeremy Briggs	San Diego Symphony
Julian Mining Company	San Diego Zoo Global
Kahoots Pet Store	Save Our Heritage Org. (SOHO)
Kaminski's Bar-B-Que & Sports Lounge	Scripps Performing Arts Academy
Kisha Torres	SeaWorld San Diego
Koi Zen Cellars	Solid Rock Gym
Laura Hofmann	Sony Computer Entertainment of America
Legacy Home Health Care	Sport Clips Haircuts, Poway
Lightning Brewery	Sports Authority
Liquid Design	Stanley Steemer
MA+HNASIUM of Poway	The Brigantine
Mad Science	The Country Club of Rancho Bernardo
Mainstream Bar and Grill	The Guitar Aces
Maria Cuevas	The Kebab Shop
Marie Hitchcock Puppet Theater	The Living Coast Discovery Center
Marie Olson-Weir	The New Children's Museum
Maritime Museum of San Diego	The Old Globe
Mesa Rim Climbing & Fitness Center	The Original Pancake House
Miramar Speed Circuit	Thirty one Basket
Mission Bay Aquatic Center	Ultrazone: The Ultimate Laser Tag Adventure
Mission San Juan Capistrano	United Studios of Self Defense
Moonlight Stage Productions	Walter Anderson Nursery
Murder n' Mayhem: Murder Mystery Parties	Wine and Canvas
Museum of Photographic Arts	Wings-n-Things
Nancy Gutierrez	Yanni's Bar & Grill
Nickel City	Yogurtland
Noonan Swim School	



A MESSAGE FROM THE SCHOOL COUNSELOR Veronica Flores Tapia

*I'm on campus the following days: Monday, Tuesday, and Friday.
858-748-2007 Ext. 2114 vtapia@powayusd.com*

Upcoming Parent Education Classes

Reserve your space online today at www.theparentworkshops.com

Helping Your Child Manage Strong Feelings and Engage Cooperation! 3/16, and 3/23, 6pm at Stone Ranch Elementary School.

Active Parenting of Teens Series! 3/15, 3/22, 3/29, and 4/5, 6:30 p.m. at Bernardo Heights Middle School.

ACTIVE PARENTING OF TEENS!

Set Your Child Up For Success!



This highly successful, research based program by Michael Popkin, Ph.D, provides parents with the skills they need to use effective discipline, teach responsibility and communicate with their teens. This presenter celebrates nearly 20 years of helping PUSD parents navigate the rough waters of the teen years!

***Reserve your space online TODAY at:**
www.theparentworkshops.com

Tuition is due on the first evening. Cash or check made out to PUSD only. Series is \$39/individual or \$69/couple. Sorry, no refunds.

Thursdays: 10/22, 10/29, 11/5, 11/12
@ Oak Valley Middle School

Wednesdays: 1/20, 1/27, 2/3, 2/10
@ Twin Peaks Middle School

Tuesdays: 2/9, 2/23, 3/1, 3/8
@ Black Mountain Middle School

Tuesdays: 3/15, 3/22, 3/29, 4/5
@ Bernardo Heights Middle School

***All evenings are from 6:30-8:30 p.m. in the library.**

***Active Parenting of Teens books will be available for purchase at class.**



FOR MORE INFORMATION:
www.powayusd.com/depts/student_support/
www.theparentworkshops.com

Valley Elementary PTA Board 2015-16

Elected Officers	First Name	Last Name
Principal	Ricardo	Ceceña
President	Denise	Anger
Executive V.P.	Sandie	Sears
1st V.P. Ways and Means	Darcy	Slansky
2nd V.P. Programs	Audra	Rosati
3rd V.P. Membership	Yerika	Tovey
4th V.P. Health and Fitness	Preston	Betts
5th V.P. Art Program	Heather	Schmalbach
Recording Secretary	Kim	Jones
Treasurer	Karen	Manueli
Financial Secretary	Kelly	Tognetti
Auditor	Veronica	Alvarez
Historian	Nicole	Rose
Parliamentarian	Kelly	Kersey
Committee Chairs		
Character Counts	Diana	Aldrete
Corresponding Secretary	OPEN	
Hospitality	Sara	Langer
Newsletter	Carolyn	Lemm
Website Administrator	Shawna	Hamon
Room Parent Coordinator	Lili	Husseman
School Admin Assistant	Cris	Rollins
Teacher Liaison (DL)	Marisa	Contreras
Teacher Liaison (DL)	Suky	Romero
Translator	Elizabeth	Hulterstrom
Volunteer Coordinator	Shawna	Hamon
Workroom Wednesday	OPEN	
Spirit Wear Sales	Kim	Jones
After School Programs	Jennifer	Berk
VEEF Liaison	OPEN	
Assemblies	Liz	Collins-Smith
Facebook Administrator	OPEN	



GET INVOLVED & JOIN VALLEY PTA

- Visit the Valley PTA website <http://www.valleypta.com/>
- Contact Denise Anger if you are interested in any of the open PTA board positions.

