

# PTA®

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CCPTS/9th PTA District/  
Palomar Council

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[valleypta.com](http://valleypta.com)



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# Tiger Talk

The Voice of Valley's PTA



VOLUME 2013/14, ISSUE 2

OCTOBER 1, 2013



Valley Elementary School 13300 Bowron Road Poway, CA 92064 Phone: 858-748-2007 Fax: 858-748-6587 Attendance: 858-748-2038



## Principal's News

### Helping Our Children Meet Their Goals

At Valley we talk to the children all the time about goals, because the most successful people in life have clear goals and a plan to meet them. When students take their MAPS test we work with them to celebrate the areas where they did well and then identify one area they need to work on. The same conversation happens after a writing assessment or a math quiz. But just having a goal isn't enough – we also want to help the students make a plan for improving. So if a student wants

to improve their fluency score, we help them develop a plan, for example: "I'm going to read out loud to my parents 10 minutes every night." If their goal is to improve their math problem solving their plan might be "I will explain how I got the answer with pictures, numbers and words to show what I was thinking."

My suggestion to parents is to ask your child what his or her academic goal is. Then help them develop a simple plan – an action they can take – to meet that goal. Even our kindergarteners can do this and it will serve them very well as they go through school and later in life. Thank you for your support!



**Andrew Johnsen, Ed.D**  
Principal

## PTA President's Message

Dear Fellow Valley Parents

What a fabulous start to the 2013-2014 school year we have had! We have had 210 parents join the PTA already. We have received over 70 "Bring What You Love to Valley" forms from parents who want to make special memories for their child. We have had over 100 parents become a Friend of Valley to show their support with money. Valley PTA has organized four major events this year. We met parents, answered questions and handed out 40 smoothies and 400 otter pops at the Posting Party from 9am-11am on July 31st. That same day we hosted the Welcome Back Lunch for 70 teachers and staff. Then on August 1st we organized our Welcome Back Breakfast for 175 Valley parents to meet old friends and make new friends. On August 30, the Valley PTA coordinated the Welcome Back Dinner catered by the Hamburger Factory. We invited teachers and staff to join us



**Kimberly Floyd**  
Valley Elementary  
PTA President

and had over 15 in attendance as well as more than 150 parents and kids. The entertainment (karaoke, music and games) provided by Nichols Productions was outstanding.

These enriching events cannot happen without dedicated volunteers like you. And the Valley PTA has more planned for your child this year. In October, we will have our second annual Read-a-

thon (October 14-24). We have "Eat with your Student Day" on October 22. We have Red Ribbon Week (October 21-25), and of course the wildly popular Boogie Bash is on October 25 (last year we had about 600 in attendance).

Remember we need your support to make these plans a reality. Please return your "Bring What You Love to Valley" forms. All of us parents must do our part. It's the only way we can accomplish our goal of providing these great school memories for our children. I encourage you to join the PTA and get involved in your child's school.

We have a strong, caring community here at Valley Elementary. We much cherish it and nurture it. The PTA provides resources for you to stay connected such as Paw Prints weekly updates, Tiger Talk newsletters and [www.valleypta.org](http://www.valleypta.org) website and calendar. Working together we can accomplish great things for our children!!



With more than  
one million  
members, California  
State PTA is the  
largest volunteer  
organization in the  
state dedicated to  
improving the well  
being of all children  
and youth."

## TOSA Talk

### "Extra homework" at home...

Whether you have a child that rushes home to finish their homework on the day it is assigned, or have a child that you struggle with to finish at least one tiny part the day before it is due, finding educational moments during the day can be a struggle. Here are a few "tips" on how to turn everyday moments into a learning experience. Read! Reading is everywhere, from book baggies, to recipes, to directions. You can find

reading all around.

Write! Shopping lists, letters, directions on how to get to school, or better yet the frozen yogurt shop!

Money! Money recognition, making change, and multiplying multiple amounts is BIG in elementary school. Work from where your child's level is, and go from there.

Talk! Kids learn SO MUCH from talking. Conversations can get a boost if you turn it into a debate, or have your child try to persuade you into doing something you are against doing.

**ELL News:** We have just finished administering the California English Language Development Test (CELDT) to all our English learners. We will be reviewing the CELDT at our 2<sup>nd</sup> ELAC meeting. The date will be given at a later date.

**Dual Language News:** Save the date. Our first Dual Language Parent meeting will be on Thursday, October 3<sup>rd</sup> at 6:30 in our multipurpose room.

## Counselor's Corner

### A B C's Of Student Success

#### A is for ATTENDANCE.

Attendance is a critical factor in any child's school success. Children should attend school every day, except in cases of illness or emergency. It is impossible to replace the learning that happens on any school day with make-up work. Regular attendance and promptness are good habits that are expected and appreciated at all levels of schooling and in the workplace. This year, make school a priority in your household. Commit to excellence in attendance. Your child's future depends on it!

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### A B C's Of Student Success

#### B is for BEDTIME.

Awwwww, Mom! Already? Sound familiar? On average, children need 8 to 10 hours of sleep each night. Sleep is important for many reasons. Lack of sleep can cause kids to be hypersensitive, impatient, or cranky. It is more difficult for children to concentrate and learn when they are tired. (Some doctors even believe that during sleep the brain "files away" what is learned during the day.) Encouraging quiet activities -- such as reading -- just prior to bedtime offers a transition that helps children relax. *Sweet dreams!*

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## Membership News

Congratulations to Susan Manley! She's the winner of the PTA's fall membership drive raffle. Susan has won a Northlight Sitting Fee and \$35 gift card towards photos (a \$65 value). And just in time for cute holiday cards!

### Hello PTA's members!

It is already fall and so far we have close to 240 members. Congratulations to all of you who contributed to do it!

### COMING SOON!!!

#### This year we have a new electronic membership card options,

The embedded card graphic can be saved in the computer's picture gallery, or, if the e-membership card is opened on a smartphone, the graphic can be saved as a picture in the smartphone photo gallery. Member's email addresses are required for this option.

Don't forget to activate your membership card to receive 10% off school supplies and 25% off of copy and print purchases at Staples.

### PTA member Perks

Did you know PTA membership pays off in other ways??

Get more informed about what benefits you can get with your card.

California State  
**PTA**  
everychild. onevoice.

## PTA Member Perks

can put \$\$\$ in your pocket



We know you join PTA to support your children and school. But did you know PTA membership pays off in other ways, too?

**Exclusive wireless deals** from our featured back-to-school provider T-Mobile

- Receive \$50 for every new line of service (through Sept. 30)
- 14% savings on every line

T-Mobile  
Advantage Program

**Activate** your new 2013-2014 PTA membership card and receive:

- 10% off supplies
- 25% off copies

**STAPLES**

PTA Coupon – **Free ticket** to LEGOLAND California and SEA LIFE Aquarium with the purchase of a full-price ticket. (\$91)



**Discounted tickets** for the California Academy of Sciences to explore an aquarium, planetarium, rainforest and more.



Visit our Perks page at [capta.org/sections/membership/perks](http://capta.org/sections/membership/perks) for more details.

**Plus**

Additional savings and exclusive PTA member discounts through JourneyEd, Hertz, The Via Foundation, Enterprise, and MetLife, Auto & Home, and more.

JourneyEd  
Huge savings on Software & Technology

Enterprise



Enjoy a "free kids scoop" of ice cream from **Baskin Robbins** when you become a PTA member (Northern California only).

**Coming Soon!**

**McDonald's** is promoting the importance of PTA and family engagement at all of its California restaurants. Coupons for a "buy one, get one" free Premium McWrap will be available to all PTA members as an extra thank you.

Ask your District PTA for details.

[www.capta.org](http://www.capta.org)

# Foundation News ValleyElementary Educational Foundation



Krystn Monroe  
VEEF

## Foundation News

The Valley Elementary Educational Foundation is a nonprofit organization made up of parent volunteers who bring other parents and community members together to raise money to enrich the educational experience so that every child at Valley Elementary School can succeed.

## Amazon School Rewards Program



Back-to-school shopping is behind us, but holiday shopping is right around the corner. If you love to shop online, we encourage you to take advantage of the Foundation's Amazon Rewards link. Go to the Foundation's website at <http://ValleyEEF.org> and click on the green Amazon icon, which will take you directly to the Amazon website. Then shop 'til you drop. Once you're done, Amazon will donate up to 10 percent of your total purchase price back to the Foundation. Orders must be completed within 24 hours of clicking the link. Promote the program among your friends and family so that Valley can benefit from everyone's shopping.

## Donate a Dime a Day



Thank you to the Valley families who have

participated so far in this year's Dime a Day campaign. The Dime a Day campaign is the Foundation's annual giving campaign. We know, during this difficult time in our economy, that every gift is a sacrifice. So when structuring our annual giving program, we were deliberate to create options that could fit every budget — that could allow every family to participate at the level that worked best for them. Click here (<http://valleyeef.org/ourfundraisers.html>) to see the names of families who have donated so far or to make a donation to add your name to the list.

One dime a day is \$18 for the whole year. There are 180 days in the school year. There are about 720 students at the school. If every student donated one dime for every day of school we could raise \$12,960 for Valley. That's a lot of computers or iPads for our students and teachers. But for each one of us, it's just a dime.



If you've been meaning to participate, but just haven't gotten around to it, it's not too late to donate. To make a donation, click here or go to the Foundation's website at <http://ValleyEEF.org> and click on the Donate Now button. For additional information, e-mail Foundation president Erinn Tozer at [etozer@ValleyEEF.org](mailto:etozer@ValleyEEF.org).



## Be Part of the 8<sup>th</sup> Annual Cinco de Mayo Trail Run

The Foundation is already gearing up for our signature fundraiser, the 8<sup>th</sup> Annual Cinco de Mayo Trail Run, scheduled for May 3, 2014, at Lake Poway! The Foundation is proud to announce that, for the third year in a row, Teradata (<http://www.teradata.com>) has taken the lead as our Gold Sponsor. There are many other sponsorship opportunities available for companies and families. To become a sponsor, email Foundation president Erinn Tozer at [etozer@ValleyEEF.org](mailto:etozer@ValleyEEF.org). Registration is also open. Pricing is based on each participant's age, regardless of which race he or she chooses to run. Registration for runners 7 and under is \$10; ages 8-17 is \$25; ages 18 and older is \$40. If you want to be part of the fun, and still want to rock the race shirt, but don't want to break a sweat, you can also register as a virtual runner for \$40. It's the perfect option for out-of-town family and friends too! For more information or to register, click here (<http://www.runningguru.com/EventInformation.asp?eID=6060>). For more information about these programs, visit the Foundation's website at <http://ValleyEEF.org>.



# Red Ribbon Week

**Monday October 21 – Friday, October 25, 2013**

## DAILY THEMES

Monday October 21: Red Ribbon Week Begins

Teachers hand out ribbons to students (Wear your ribbon every day!) Pledge to say no to drugs at recess

Tuesday October 22: Family Pledge. Eat Lunch with Your Student.

Parents pledge to say no to drugs  
Wednesday October 23: Turn Your Back on Drugs.

Backwards Clothes Day.

Thursday, October 24: It's Crazy to do Drugs! Crazy Hair Day

Friday October 25: Commit to a Healthy Lifestyle. Wear Red to Show Commitment to a Healthy Lifestyle

## CONTESTS

Door Decorating Contest Grades K – 5

Winning Class receives a pizza celebration

Looking for the most creative/fun way to express this year's national theme: "A Healthy Me is Drug Free!"

Poster Contest Grades K - 2

Looking for the most creative/fun way to express this year's national theme: "A Healthy Me is Drug Free!"

**Posters are due to the office**

**Thursday morning**

Essay Contest Grades 3 – 5

Looking for a well written essay (minimum of two pages) that explains how and why the writer follows this year's national theme: "A Healthy Me is Drug Free!"

**Essays are due to the office**

**Thursday morning.**



## 2013-14 GATE Testing Information

Gifted and Talented Education (GATE) involves services for students whose cognitive needs may require modified classroom curriculum and instruction to accommodate their learning differences and ensure their

achievement. Parents may request GATE testing for students in grades 2-7. To request GATE testing for your child, complete a GATE Parent Questionnaire/Test Consent form online through the PUSD GATE webpage [https://](https://onlinereg.powayusd.com/GateSurvey/)

[onlinereg.powayusd.com/](https://onlinereg.powayusd.com/GateSurvey/)

[GateSurvey/](https://onlinereg.powayusd.com/GateSurvey/)

NOTE: Requests for GATE Testing will only be taken during the requested submission window dates. If you have questions, please contact your child's school.

<u>Test Date (only 1 test opportunity)</u>	<u>Request Submission Window</u>
<p><b>SCHOOL SITE /SCHOOL DAY TESTING</b>  <b>Monday, January 13 – Thursday, January 16</b>          @ each school site during the school day.  <i>*Each school will determine their testing date(s) within this 4 day window.</i></p>	<p><b>Monday, September 16 through Friday, November 15, 2013</b></p>

## Upcoming PUSD Parent Education Classes

Call the Caring Connections Center @ 858-668-4084 for more information or visit the district website at [www.powayusd.com/depts/student\\_support/](http://www.powayusd.com/depts/student_support/)

How to Talk So Kids Will Listen and Listen So Kids Will Talk Series

**#1 Wednesdays, 10/9, 10/16, 10/23, 10/30 from 6-7:45 p.m. in MPR @Park Village**  
 Series is \$39/individual + \$15/book = \$54 total or \$69/couple + \$15/book = \$84 total.

Active Parenting of Teens Series

**#5 Thursdays, 10/17, 10/24, 11/7, 11/14 from 6:30-8:30 p.m. in LRC @Twin Peaks**  
 Series is \$39/individual + \$15/book = \$54 total or \$69/couple + \$15/book = \$84 total.

Peaceful Co-Parenting is Possible!

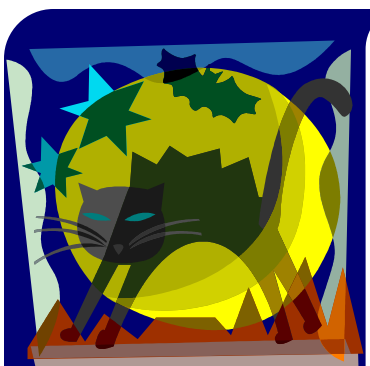
**#9 Thursday, 10/10 from 6:30-8:00 p.m. @ Caring Connections Center - FREE**

Finding Peace During Homework Time!

**#14 Tuesday, 10/8 from 6-7:30 p.m. in the MPR @ Morning Creek**

Workshop is \$10/per person. Bring cash or check made out to PUSD only. Sorry, no refunds.





Hello, Valley tigers I want to thank you and your parents for the amazing turn out we had for the welcome back dinner, exceeding last years numbers! October is right around the corner and I want to cordially invite you all to the **Boogie Bash**. This spook-tacular event will be held October 25, 2013 in the MPR (time to be announced.) Come out and enjoy a costume contest, ghostly games and more monster fun! Lets all "BOO"GIE on down: SEE YOU THERE!!

Thanks

LaMar Raboteau  
VP of Programs



**Welcome to Girls on the Run!** In our newest after school program for 3rd, 4th and 5th graders, running is used to inspire and motivate girls, encourage lifelong health and fitness, and build confidence through accomplishment. But it's more than just a fitness club. We also reinforce and develop important social and psychological skills -- stuff every growing-up girl can benefit from. At the season's conclusion in December, these 17 Valley Girls and their running buddies will complete a 5K at the San Diego Embarcadero which will gives them each a tangible sense of achievement as well as a framework for setting and achieving life goals. The result— making the seemingly impossible, possible, and teaching girls that THEY CAN.

## Ways and Means—Carrie Shen

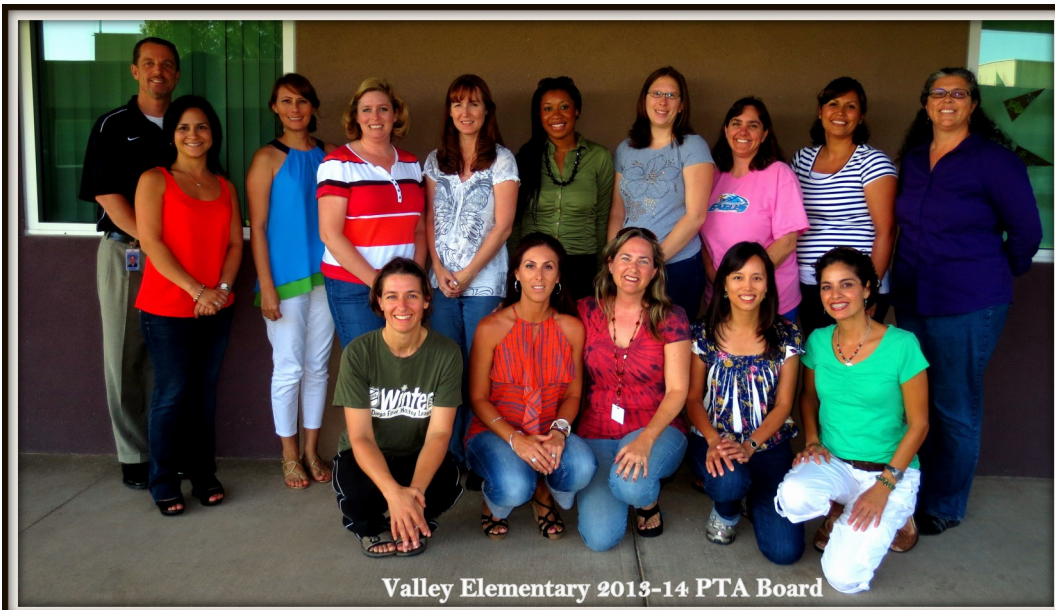
I'm a parent of a 1st grader and 4th grader at Valley. Previously I was the chair of Hospitality for the past two years and coordinated the after-school Mandarin class at Valley for 2 years. I also helped solicit donations for the school's annual silent auction and was in charge of refreshments at the last Art in the Valley. I'm excited and pleased to raise money for Valley PTA this

year. Thank you all for your support of the Charleston Gift Wrap fundraiser and I hope to have even more sales for our gourmet popcorn fundraiser ending on Sept 27. It is heartwarming to see the increase in membership as well as the increase in "Friends of Valley" donations. It is especially appreciated knowing that all donations are completely voluntary. Your generosity is much

appreciated!

If you can serve on Valley's fundraising committee for the Silent Auction 2014, please email me at [cchen1110@aol.com](mailto:cchen1110@aol.com). Making a few phone calls helps enormously. If you have a business or know of a great business that would donate to our silent auction, please let me know. All money raised goes back into our school and your children

*I want to thank all the parents that attended the Coffee with the principal for the month of September! Common Core and No excuses university were the topics discussed. Thank you to those that signed up to be a part of Valley PTA! Keep a look out for future flyers with Coffee with the principal! Thanks, Brittany Vaughn, Hospitality Chair*



Valley Elementary 2013-14 PTA Board

**Back (Left to Right):** Dr. Johnsen, Melissa Orellana, Nicole Rose, Darcy Slansky, Sandy Sears, Brittany Vaughn, Dana Boll, Lisa Black, Elizabeth Hulterstom, Lisa Jones  
**Front (Left to Right):** Shawna Hamon, Laura Danahy, Kim Floyd, Carrie Shen, Karla

#### **Elected Officers**

Principal-Andrew Johnsen  
 PTA President- Kim Floyd  
 Executive V.P.- Darcy Slansky  
 1st V.P. Ways and Means- Carrie Shen  
 2nd V.P. Programs- Lamar Raboteau  
 3rd V.P. Membership- Karla Valenzuela  
 4th V.P. Parent Education and Outreach- OPEN  
 5th V.P. Health and Fitness- Laura Danahy  
 6th V.P. Art Program- Lisa Black  
 Recording Secretary- Dana Boll  
 Treasurer- Sandie Sears

Financial Secretary- Naneth Sotic-Jose

Auditor- Shawna Hamon

Historian- Nicole Rose

Parliamentarian- Dea Simon

#### **Committee Chairs**

Hospitality- Brittany Vaughn

Newsletter Editor- Dana Boll

Room Parent Coordinator- Danielle Knighten

Volunteer Coordinator- Darcy Slansky

Corresponding Secretary- Tara Harrison

Teacher Liaison (DL)- Melissa Orellana

Teacher Liaison (EC)- Lisa Jones

## Upcoming Events

PTA Reflections Deadline 10/4

Read-A-Thon 10/14-10/24

Red Ribbon Week 10/21

Eat With Your Student Day 10/22

Boogie Bash 10/25

NO SCHOOL 10/7-10/11

NO SCHOOL 10/29

Minimum Days 10/29-10/31

