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Palomar Council

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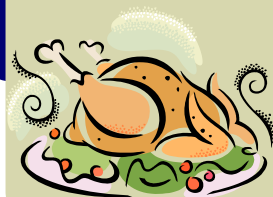
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The Voice of Valley's PTA



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Principal's News

What is College Readiness for an Elementary School Student?

This is a question parents sometimes ask. We're used to thinking of "college prep" as something that happens in high school. That's true, of course, but in high school it's all about filling out applications and collecting letters of recommendation. If a student's grades aren't good enough or they don't have the required credits, it's too late to do anything about it. That's why we want kids to be thinking about college now. We want them to know that you can't just decide to go to college – you have to work for it. And everything

you do in elementary school will set you up for success in middle school. And the classes you take in middle school will get you ready for high school. And if you are ready for the college prep classes in high school you'll be ready to make good choices about college when that time comes. Putting in 100% effort every day is important – even starting in kindergarten. Is our message that every student must go to college? No. Our message is that we want every student to work hard and be taught in such a way that they are prepared to make the choice about college when the time comes. If they're not ready then they can't choose college. With your support every one of our Valley Tigers will get to high school ready to decide what they want to do



Andrew Johnsen, Ed.D
Principal

with their future and will have the grades to be able to make any choice they want.

PTA President's Message

Dear Fellow Valley Parents,
October was a whirlwind of activity at Valley!

The Valley PTA organized five major events. We received artwork submissions for the National Reflections competition and sent 17 on to be judged at the Palomar Council level. Thank you to Lisa Black and Kim Niehans for chairing the Reflections Program this year. The students all participated in a 10 Day Read-a-thon October 14-23. Valley as a community read for over 3,000 minutes and raised over \$3,000 for books in our classrooms. Thank you to the Read-a-thon committee (Cathy Barger, Sara Langer and Heather Schmalbach) for putting this event on. October 21 -25th we had a very successful Red Ribbon Week. On Monday all the students signed pledges to say NO to drugs and live a healthy lifestyle. On Tuesday we asked the Parents to sign pledges to be drug free. On Wednesday the



Kimberly Floyd
Valley Elementary
PTA President

students wore their clothes backwards to turn their backs on drugs. On Thursday we saw a lot of crazy hairstyles because it's crazy to do drugs! On Friday the students wore red to commit to a healthy lifestyle. I want to thank Kendra Sablan for organizing this event for us. Tuesday, October 22 was also Eat with your Student Day. We had 328

parents come eat with their child. Thank you to Elizabeth Hulterstom and Shawna Hamon for planning this event. And thanks to Kraft for the free dinner kits we gave out.

On Friday, October 25 we had the Boogie Bash with games, treats and a costume contest. This is one of our most popular events during the year and we had almost 600 attendees. Thank you to Lamar Raboteau and his Halloween committee for all their hard work.

These enriching events can not happen without dedicated volunteers like you. Your Valley PTA has many more fun events planned for your child this year. On December 7, we have Winter Make and Take Craft Day. Valley's Talent Show is scheduled for January. And we have Art in the Valley in February. But remember we need your support to make these plans a reality. Watch for upcoming Paw Prints to learn when each committee is forming and choose one to be involved with! Working together we can accomplish great things for our children!!



With more than
one million
members, California
State PTA is the
largest volunteer
organization in the
state dedicated to
improving the well
being of all children
and youth."



Counselor's Corner

A B C's Of Student Success

C is for CHOICES.

According to Jim Fay, author of *Becoming a Love and Logic Parent*, giving children choices is more effective than making demands. He suggests...

- Never give choices if it might cause problems for you or anyone else.
- Give only two options for each choice, both equally okay with you. For example, *Would you like peas or carrots?* or *Do you want to do homework now or in 15 minutes?*
- If the child doesn't decide within 10 seconds, make the choice for him or her.

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A B C's Of Student Success

D is for DETERMINATION.

Children need to hear their parents say that making an effort, working hard, and planning ahead are important. We need to encourage children to set reasonable expectations, and celebrate with them when they make progress toward their goals. Children need to learn that sometimes they must sacrifice to achieve a long-term goal. Struggling with learning tasks from time to time is part of a student's "job." In the end, the feeling of accomplishment they get will lead to bigger and better accomplishments in the future!

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Upcoming PUSD Parent Education Classes

Call the Caring Connections Center @ 858-668-4084 for more information or visit the district website at www.powayusd.com/depts/student_support/ Helping Your Child Cope with Anxiety and Academic

Pressure!

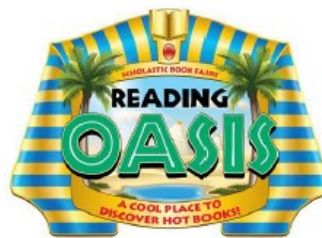
#10 Wednesday, 11/6
from 6:00-7:30 p.m. @
Caring Connections
Center - FREE

Understanding Your Child's Behavior!

#15 Wednesday, 11/13
from 6-7:30 p.m. in the
MPR @ Painted Rock
Workshop is \$10/per person.
Bring cash or check made out
to PUSD only.
Sorry no refunds.



Fall Book Fair



Join us in sharing a love of reading
with our students at
Valley's Scholastic Book Fair.

Monday thru Friday, December 2 to 6
7:45 am to 3:00 pm
(Wednesday open to 1:00 pm)



This year, you can order online. Let your family out of town know – send them your wish list! Go to www.ValleyPTA.com or the website below.

"One For Books" – A cash collection will be available for our new Valley Library. You can donate a little or a lot to help our library grow. Scholastic will match each dollar raised and contribute to Toys for Tots and other youth charities.



See you at our Book Fair!

Darcy Slansky
Book Fair Chairperson

<http://bookfairs.scholastic.com/homepage/valleytigers>

Valley Elementary
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Foundation News



Krystn Monroe
VEEF

Foundation News

The Valley Elementary Educational Foundation is a nonprofit organization made up of parent volunteers who bring other parents and community members together to raise money to enrich the educational experience so that every child at Valley Elementary School can succeed.

Amazon School Rewards Program



Have you started shopping for the holidays? If you love to shop online, take advantage of the Foundation's Amazon Rewards link. Go to the Foundation's website at <http://ValleyEEF.org> and click on the green Amazon icon, which will take you directly to the Amazon website. Then shop 'til you drop. Once you're

done, Amazon will donate up to 10 percent of your total purchase price back to the Foundation. Orders must be completed within 24 hours of clicking the link. Tell your friends and family about the program so that Valley can benefit from everyone's holiday shopping.

Be Part of the 8th Annual Cinco de Mayo Trail Run



The Foundation is already gearing up for our signature fundraiser, the 8th Annual Cinco de Mayo Trail Run, scheduled for May 3, 2014, at Lake Poway! The Foundation is proud to announce that, for the third year in a row, Teradata (<http://www.teradata.com>) has taken the lead as our Gold Sponsor. There are many other sponsorship opportunities available for companies and

families. To become a sponsor, email Foundation president Erinn Tozer at

etozer@ValleyEEF.org.

Registration is also open. Pricing is based on each participant's age, regardless of which race he or she chooses to run. Registration for runners 7 and under is \$10; ages 8-17 is \$25; ages 18 and older is \$40. If you want to be part of the fun, and still want to rock the race shirt, but don't want to break a sweat, you can also register as a virtual runner for \$40. It's the perfect option for out-of-town family and friends too! For more information or to register, click here (<http://www.runningguru.com/EventInformation.asp?eID=6060>).

For more information about these programs, visit the Foundation's website at <http://ValleyEEF.org>.

Red Ribbon Week



Congratulations Sra. Molina's Class Room for having the winning door for Red Ribbon Week!



Valley Elementary 2013-14 PTA Board

Back (Left to Right): Dr. Johnsen, Melissa Orellana, Nicole Rose, Darcy Slansky, Sandy Sears, Brittany Vaughn, Dana Boll, Lisa Black, Elizabeth Hulterstrom, Lisa Jones

Front (Left to Right): Shawna Hamon, Laura Danahy, Kim Floyd, Carrie Shen, Karla Valenzuela

Elected Officers

Principal-Andrew Johnsen
 PTA President- Kim Floyd
 Executive V.P.- Darcy Slansky
 1st V.P. Ways and Means- Carrie Shen
 2nd V.P. Programs- Lamar Raboteau
 3rd V.P. Membership- Karla Valenzuela
 4th V.P. Parent Education and Outreach- OPEN
 5th V.P. Health and Fitness- Laura Danahy
 6th V.P. Art Program- Lisa Black
 Recording Secretary- Dana Boll
 Treasurer- Sandie Sears

Financial Secretary- Naneth Sotic-Jose

Auditor- Shawna Hamon

Historian- Nicole Rose

Parliamentarian- Kelly Kersey

Committee Chairs

Hospitality- Brittany Vaughn

Newsletter Editor- Dana Boll

Volunteer Coordinator- Darcy Slansky

Corresponding Secretary- Tara Harrison

Teacher Liaison (DL)- Melissa Orellana

Teacher Liaison (EC)- Lisa Jones

Upcoming Events

Science Night	11/8
NO SCHOOL- Veteran's Day	11/11
NO SCHOOL- Thanksgiving Break	11/25-11/29
Fall Book Fair	12/2-12/6
Make & Take Craft Fair	12/7
Adopt a Family	11/18-11/22

