



The Great Kindness Challenge

Weekly Schedule of Activities: January 24 - 28, 2022

MONDAY

Team Kindness (sports attire or wear Yellow)

Morning Kindness quote:

“A warm smile is the universal language of kindness.” (William Arthur Ward)

Teachers play [video](#) after morning announcement.

Post or print the GKC checklist for your students.

KINDNESS UNITES on the school marquee.

TUESDAY

Tied together by kindness (wear a tie or wear Orange)

Morning Kindness quote:

“When words are both true and kind they can change our world.” (Buddha)

Recess kindness station: Sign the Kindness Banner with Ms. Tammy.

WEDNESDAY

Crazy for Kindness (crazy socks or wear Neon Colors)

Morning Kindness quote:

“No act of kindness no matter how small is ever wasted.” (Aesop)

Recess kindness station: Kind notes to give to friends and/or staff.

THURSDAY

Hats off for Kindness (wear your favorite hat or wear Green)

Morning Kindness quote:

“Life’s most persistent and urgent question is “What are you doing for others?” (Dr. Martin Luther King, Jr.)

Recess kindness station: Kindness chain.

FRIDAY

Dream of Kindness (wear your pajamas or something Blue)

Morning Kindness quote:

“To be kind is more important than to be right...many times what people need is not a brilliant mind that speaks but a special heart that listens...” (Unknown)

Recess kindness station: chalk quotes of kindness.

Reflect on the GKC!